



The Foundation for Infant Loss Training

Our Online Academy will now include a wealth of new relevant training sessions.

This includes 9 Courses totaling 43 Hours of Certified CPD

We believe this is the **most comprehensive** Pregnancy and Infant loss and infertility training package available. We also believe it is the **most accessible**.

Access via a log in to access all recordings and materials **in your own time**

Certificate to download for all 9 courses

Download our specialist logos

Unlimited Access. No time limits

On completion you will be one of the UK's most highly trained Pregnancy and Infant Loss and Infertility Specialists under the direction of Dr Chantal Fowler Lockey.

In 2024 Chantal was appointed Medalist of the Order of the British Empire by HRH King Charles III for Services to Bereavement Care

Testimonials: <https://www.foundationforinfantloss.co.uk/testimonials-2/>

Book here: <https://www.foundationforinfantloss.co.uk/product/online-academy-course/>



Pregnancy and Infant Loss Practitioner (3 hour CPD certificate)

- Pregnancy and Infant Loss in the UK including statistics. Is Pregnancy and Infant Loss still a taboo?
- Types of Loss
- Why does a baby die?
- Marnie's story: A mothers perspective of losing her baby to SIDS aged 6 weeks
- The emotional impact on families
- Grief and likely behaviours
- Front line care: A geographical lottery? Examples of excellent bereavement care (including bereavement suites, the cold cot, informed choice, the option of taking baby home, the importance of memory making including memory boxes and photography)
- What now? Issues surrounding Birth and Death Registration, The Coroner, The Child Death Review, Post Mortem, The Mortuary and The Funeral Directors
- Life after loss -The support required – how accessible is support and help?
- Dads and Partners: The Forgotten Party?
- Supporting Grandparents and children
- Anniversaries and Triggers
- Support available and organisations that can help

Rainbow Baby Specialist (4 hours CPD certificate)

“Gone is the expectation that two lines on a pregnancy test = a healthy baby”

- Subsequent pregnancies after loss: The emotional roller coaster
- Likely emotions & behaviors
- Decisions and considerations behind trying again
- Support required when considering trying again
- Support required with parents continued fear of another loss
- Support required with parents continued battle with guilt
- Support required with parents with bonding
- Support required with overprotective parenting
- Support Organisations that can help

Infertility Specialist (2 hours CPD certificate)

- An introduction to assisted reproduction & The different types of infertility
- Overview of Infertility in the UK & Reasons for male and female fertility issues & statistics
- The different levels of impact associated with fertility struggles; the physical, mental and emotional
- The financial implications of fertility treatment and eligibility on the NHS – The geographical lottery?
- Myths and misconceptions & negative comments that people may experience
- What a typical fertility 'cycle' looks like
- The 'legalities' of treatment
- Legal Obligations for Employers
- Workplace adjustments that could help
- LGBTQ+ Paths to parenthood
- Parents stories
- Supporting those who are childless for other reasons other than fertility challenges
- Support available

Certified ADVANCED Rainbow Baby Specialist and Support Session Facilitator (7 hours CPD certificate)

- Subsequent pregnancies after loss: The emotional roller coaster
- Academic perspectives and studies
- The importance of Sensitive communication: What to say? What not to say?
- The importance of recognising the parents grief and loss and the baby that has died
- Likely emotions & behaviors. Common thoughts and common feelings
- Decisions and considerations behind trying again and choosing to wait
- Assisting parents when they are considering trying again
- Getting pregnant: Distancing, denial, guilt, fear, avoidance in telling others
- What do parents struggle most with in pregnancies after loss?
- How can we assist parents with their continued fear of another loss during pregnancy?
- Antenatal care -why some parents will request a different provider
- Rainbow Baby Antenatal care -What should be included?
- Antenatal care -Bereaved parents concerns in joining antenatal classes
- Antenatal care -Should there be Rainbow baby specific antenatal classes?
- Antenatal care – The fear and distress of constantly having to explain – the importance of marking patient notes
- Antenatal care – The importance of ensuring the mother is part of all decision-making processes

- Antenatal care – Education = Empowerment and confidence
- Antenatal care – How we can assist parents in getting ready to meet their baby
- Delivery day: Likely behaviours of parents when they meet their baby and considerations
- Delivery day: Renewed grief for the baby that has died
- Delivery day: When baby looks like the baby who has died
- Delivery day: When baby does not look like the baby who has died
- How can we assist parents with their continued fear of another loss post birth e.g. SIDS?
- How can we assist parents with their continued battle with guilt?
- How can we assist parents with bonding concerns and fears of an inability to love their subsequent baby?
- How can we assist parents with anxious parenting

Training on Delivering our programme of support including how to set up and run a Rainbow Support Group (resources provided)

Advanced Practitioner Training (6 hours CPD)

- Supporting those who have had a Termination
- Supporting those who have suffered a death of a baby in a multiple pregnancy
- Supporting those whose baby has died a long time ago and how to help. We also look at how to trace a baby's resting place
- Supporting parents when a Rainbow baby does not come
- The death of a brother or sister: The impact on siblings as children and into adulthood
- Supporting parents through "Maternity Care Failures Leading to Infant Deaths" investigations (such as the current Ockenden enquiry)

Workplace training and difficult conversations with pregnancy and infant loss and infertility (2 hours CPD certificate)

We will look at Line Managers' concerns in supporting bereaved employees and through parents experiences and role play we will feel more confident in supporting employees in a sensitive and helpful manner.

- What should be considered?
- Baby loss sample policy -what should be included?
- What are other companies offering?
- Miscarriage at work – implementing a miscarriage at work policy
- First responses: What to do on hearing an employee has lost their baby

- Sensitive communication – what to say? what not to say?
- Practical skills workshop - sensitive communication
- Return to work: A Phased return and work place adjustments
- Parents' perspectives of returning to work: what helped and what did not?

Menopause Awareness including the invisible loss of Premature Menopause and coping with the loss of fertility (6 hours CPD certificate)

- Including forced menopause (surgical/ cancer/hysterectomy)
- Menopause symptoms, psychological implications and the support required with menopausal symptoms in day to day life including the workplace.
- Women's experiences Looking at the potential impact of this health condition
- The invisible grief
- Women;s experiences of premature and surgical menopause
- Options to improve the work environment (Suggestions around flexible working hours and working arrangements to help manage symptoms.)
- What can help? Support organisations
- How everyone can best support employees going through the Peri-menopause and the menopause

Baby Loss in Different Communities (6 hours CPD certificate)

In every community listed below – pregnant people are at an INCREASED risk of baby loss. We look at the reasons behind this and we also look at the additional support required and the additional challenges faced by parents in these communities who are facing a pregnancy or infant loss.

- Neurodiversity
- LGBTQIA+
- BAME
- Young Parents
- Disability
- Vulnerable women (including social disadvantage, mental illness, domestic violence and addiction)
- Being under the Criminal Justice System

Cultural and religious issues professionals may encounter following a Bereavement
We welcome religious leaders from Christian, Jewish, Muslim, Sikh, Hindu and Buddhist
faiths

(6 hours CPD certificate)

- Beliefs about death and dying, and life after death
- Practical issues that support workers may face
- Patient and Employer (returning to work) experiences (good and poor) and how lessons can be learnt
- Rituals and customs around death and dying
- Pre-death rituals and last moments
- Prior to the funeral and medical issues
- Last offices, post-mortem and treatment of the deceased's body
- Attitudes to post-mortem, Mortuaries and touching the body
- Issues surrounding organ and tissue donation
- Funeral and preparation and prescribed roles
- Expressions of grief at the funeral
- Attendance of non-faith members and women
- Cremation or burial
- Following the funeral
- Mourning periods – Length of and expectations around a mourning period
- Ways of remembering someone who has died
- Support organisations – general
- Support organisations – Faith based