



## **Training Prospectus**

2010 / 2011

Delivering fully accredited,  
professional training in counselling  
and psychotherapy

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## BCPC'S CORE VALUES

We recognise and encourage the unfolding of human potential in therapy, education and beyond.

We encourage the potential of the individual in becoming more real, in touch with his / her core or true self, and internally connected.

We respect the other's reality and ability to choose how to be and to act.

For us, acceptance is prior to judgment and discrimination.

We see experience as coming before skills, theoretical understanding and wisdom.

In our relating, neither theory nor technique should impede an existential meeting.

Truth is uncovered, perhaps created, by the relationship in therapy, not by the practitioner's theories.

To honour these values requires the risk and struggle of wholehearted engagement.

In our work we value a holistic approach that involves and links mind, body and spirit.

We recognise the importance of spiritual and cultural sources and traditions as well as the teachings of counselling and psychotherapy.

We wish to work with whoever seeks our help and will not exclude people on the basis of their race, colour, nationality, religion, marital status, sexual orientation, gender, class, age, HIV status, disability or having dependants.

BCPC does not discriminate on grounds of age, but we require a certain amount of maturity and life experience for the psychotherapy diploma training which we feel is unlikely to occur before the age of 25.



## INTRODUCTION

### Some background information about us

BCPC is a not-for-profit charity, founded in 1984, that delivers professional training in counselling and psychotherapy. Our trainings are fully accredited by the leading professional associations - BACP for counselling and UKCP for psychotherapy - with whom we have an ongoing relationship.

Our Humanistic and Integrative approach is unique in offering teaching that maintains a balance between the primacy of experience and process-oriented learning, together with a rigorous theoretical grounding. Our curriculum includes historical roots and contemporary approaches.

The practical nature of our training means that upon completing one of our Diplomas students are fully equipped, in terms of qualifications and ability, to enter into private practice. In addition, they are encouraged to remain members of BCPC beyond qualification so as to participate in our wider community, with its programme of events and courses, its members' association (BCPCA), quarterly newsletter, annual conference, common interests of peers, and also to benefit from the BCPC Referral Service, which helps practising members find clients (and vice versa).

## PROGRAMMES WE OFFER

### Listening Skills

A 30 hour introductory course.

### Foundation Certificate

A one year, part time course designed to support professionals involved in people-related work by providing counselling skills and opportunities for personal development. The Certificate is our preferred route into the professional trainings in Counselling and Psychotherapy.

### Diploma in Humanistic and Integrative Counselling

A two year (taught), part time course, unique among BACP accredited programmes, in that it prepares candidates for both private practice and agency work.

### Diploma / MA in Humanistic and Integrative Psychotherapy

A part time professional training. Successful candidates are automatically registered with the United Kingdom Council of Psychotherapists (UKCP). Those students who choose to register for the MA are assessed and awarded the degree by Middlesex University.

### Post Qualifying MA

Two successful programmes have been run, and we anticipate a third course in 2010. It allows qualified psychotherapy practitioners to attain an MA from Middlesex University, and we are able to offer this to both BCPC graduates and qualified practitioners from elsewhere.

### Short courses and continuing professional development

There is a lively programme of short courses throughout the year, including invitation speakers of international repute and many special interest workshops.



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## THE BCPC COMMUNITY

### It's about more than the classroom

Training at BCPC is an experience which goes beyond the classroom and gaining a professional qualification. There is a strong sense of family and community about us: many of our alumni maintain ongoing links by becoming graduate members of both BCPC and also our members' association, BCPCA (all students are automatically members of both these bodies). We are owned and run by our members, for our members, with graduates and students making up the majority of positions on our various management committees, overseeing everything from agreeing strategic direction to organising the annual conference.

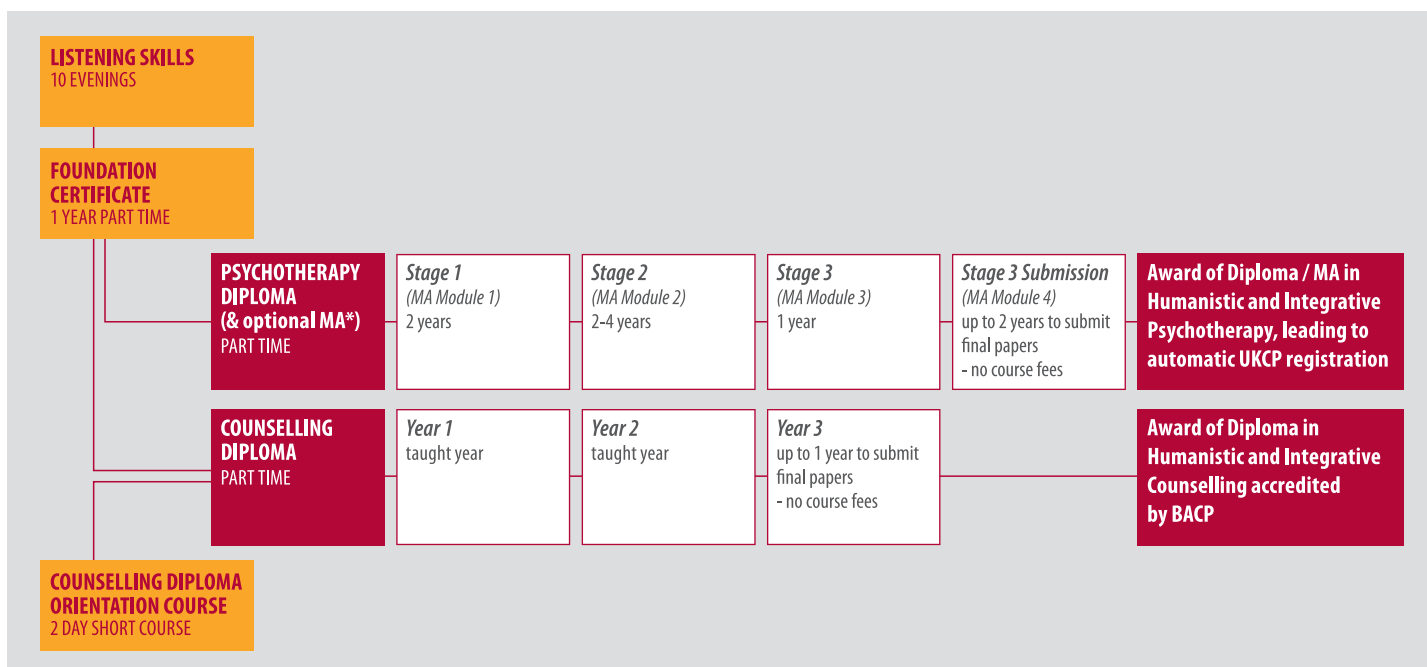
The members' association (BCPCA) exists alongside the main training organisation and provides a forum where students and graduates can participate in a supportive, collaborative peer group. One function of this group is to arrange professional representation at a national level with our accrediting bodies, thus providing a voice and input to the shape and direction of the profession. Other activities students can get involved in, should they wish, include submitting articles to the quarterly newsletter, the establishment of local regional sub-groups, contributing to online discussion forums, advertising their own workshops to the membership, voting at the annual general meeting and joining the BCPCA management committee.

## REFERRAL SERVICE

### Helping you find clients before and after graduation

The Referral Service was set up in 1990 to help members of the public across the South West and Wales to find a counsellor or psychotherapist, and to support BCPC students and graduates in building up their practice and maintaining a flow of new work. The service offers real benefit to clients by providing a trained referral manager, able to locate a practitioner with the appropriate skills, fee level, location and availability required to meet their needs. The service is free for the public, linking them with BCPC students in the advanced stages of their training and our qualified graduate members.

The Referral Service enjoys an excellent reputation - many enquiries originate from GP's recommendations, from staff in healthcare settings, and word of mouth.



## APPROACH TO TRAINING

### In-depth – contemporary – first-class

We are committed to providing trainings that meet the high standards of our accrediting bodies, whilst supporting individuals on our courses through a journey of personal growth. Our programmes include experiential learning processes in seminars, skills practice and group work, alongside tutoring in the researching and writing of assignments. We require all students to be in weekly counselling or psychotherapy (depending on the training route being pursued) throughout their training.

Our Integrative training is underpinned by a Humanistic philosophy, which recognises the worth and potential of every individual regardless of their age, race, class or gender. Working from this perspective the counsellor or therapist attends to mind, body and spirit, as dimensions to each person’s experience. The aim of the work is to facilitate self awareness and self acceptance and to help an individual to increase their range of responses to the challenges which life presents to them. One of our core values is that truth is uncovered by the relationship in counselling or psychotherapy, rather than simply being defined by the practitioner’s theories. An authentic meeting between practitioner and client is the foundation for this process.

‘Integrative’ indicates that at BCPC we encourage a synthesis of a range of perspectives that are congruent with our Humanistic stance. We include psychodynamic and psychoanalytic theorists in the curriculum in order to give attention to the ways in which early childhood experiences shape each person. These approaches help towards an understanding of how human beings become who they are, and how trauma and deprivation can affect them. We integrate dialogical-Gestalt perspectives and the importance of working at relational depth with clients, encouraging them to notice and be fully present in the moment. Intersubjective perspectives also emphasise how the relationship between practitioner and client can provide a context to explore early experiences and discover new ways of being.

Courses are all part time, mostly one day per week.

## THE PATH THROUGH TRAINING

The illustration above shows how the BCPC training progresses. However, direct entry onto the various courses is possible, subject to experience / qualifications - please see relevant course section.

\* The MA is taught concurrently with the Psychotherapy Diploma, for those students who register. Additional registration and course fees apply.



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## LISTENING SKILLS FOR LIVING AND WORKING IN A MULTI-CULTURAL SOCIETY

### An introductory 30 hour course

This course provides an introduction to BCPC's experiential teaching style and core values, for people considering applying to our Foundation Certificate. It is designed to help people increase their skills in listening and responding well, and to embrace cultural difference. It should especially help those considering a career change to 'test the waters' and experience the field first hand.

The course runs in Bath each year, starting in the Spring. It is usually a 3 hour weekday evening course, running for 10 weeks. Each session will include an experientially taught seminar, skills practice and an open group.

The Listening Skills course explores cross-cultural differences and needs - those who work or would like to work in a multi-cultural setting may find it of particular interest. BCPC is keen to encourage individuals from minority ethnic groups to attend this course as there are very few trained counsellors to meet the needs of these communities. A Scholarship Fund is available to help with the course fees for any individuals from minority ethnic groups who might have difficulty in meeting training costs.

For full information on times and prices and an application form, please contact the BCPC office or visit the website.

## FOUNDATION CERTIFICATE

### Skills development and the start of your professional training

This course is a training in its own right, designed to enhance the work of professionals in people related work, and for individuals who are interested in personal development and in learning counselling skills. It also serves as a springboard for those who intend pursuing further professional training in this field, either in Counselling or Psychotherapy. This is a flexible feature unique among BACP and UKCP accredited courses, allowing students to explore both areas and choose the direction most suited to them. No previous experience is necessary to embark on the Foundation Certificate year, though it is advantageous to attend one of our 10 week introductory courses prior to starting the course.

The focus of the year is on developing the counselling and psychotherapy skills of personal presence and awareness of process. Attention is also paid to interpersonal and group skills. All our training at BCPC builds on these areas as they ultimately allow for the cultivation of an authentic relationship with the client. As a means of achieving this goal, we require students to be in individual counselling or psychotherapy once a week with a practitioner on the BCPC Approved Lists, the cost of which is not included in the fees. Tutors provide assistance in finding approved practitioners once the course has started.

Our students frequently describe the year as a life-changing experience, which many see as the most valuable outcome.

The completion of the Foundation Certificate year satisfies our criteria for the first stage of both the BACP accredited and the UKCP approved training courses in Counselling and Psychotherapy (entry onto these further courses is subject to separate interviews).

Attendance is expected on all course days. We realise that absence is sometimes unavoidable, so students must ensure that any gaps in their learning are addressed to the satisfaction of the course tutor. Insufficient attendance may prejudice continuation to a further stage.



## Course Structure

The Foundation Certificate is a one year, part-time course, that meets once a week. The focus is on experiential learning that is underpinned by a theoretical grounding in Humanistic approaches and Carl Rogers' core conditions of empathy, unconditional positive regard and congruence. There are also core readings and handouts which help lay sound theoretical foundations.

Individuals are encouraged to draw on their moment-to-moment experience in order to achieve the aim of developing their personal awareness and interpersonal skills. Students have the opportunity to practice their counselling skills in small peer groups, and have termly tutorials with a tutor of their choice to review their progress and assess individual learning needs. We suggest allowing at least three hours a week for private study. Students are required to keep a journal throughout the course and to write one essay.

## Venues

Foundation Certificate courses are run in Bath and sometimes Bristol. Check the separate 'Course Information' sheet or our website for latest, up to date information on locations.

## Curriculum

- Awareness of self and other, and the ways we organise ourselves; our assumptions and values and the way we see others; meeting in our differences
- Carl Rogers' core conditions for enhancing personal growth in another: empathy, unconditional positive regard and congruence, and the challenge of meeting these conditions
- Supporting another in personal exploration: establishing a safe environment and a holding space, tuning into and hearing the other
- Drawing on the body and felt senses, imaginative reflection, intuition, work with archetypes, images and dreams
- Empathy in the 'here and now' and awareness of process
- The early environment and how it shapes relationship styles
- Ethics, Professional Practice
- Counselling and psychotherapy, links to further training and personal choices
- Individual presentations, tutor and peer review
- Endings - past and present

## Applications & Fees

Please see the 'Course Information' sheet.



## DIPLOMA IN HUMANISTIC & INTEGRATIVE COUNSELLING

### Introduction

This BACP accredited course uniquely prepares individuals to work both in private practice and an agency setting. The training focuses on the counselling relationship and the self-development of the counsellor in preparation for the intensity and complexity of working at relational depth, whether in time-limited or longer term work.

Students are taught using experiential learning methods, combined with core readings and handouts which provide explanation of theoretical concepts. The aim is to bring the concepts to life and enhance self-awareness through self-reflection. Students engage with agency placements, regular supervision and individual weekly counselling or psychotherapy. In the second year of the diploma, students begin in private practice with the support of tutors and supervisors.

Our theoretical approach integrates concepts and ways of working from humanistic and psychodynamic traditions. We draw on the work of Klein, Winnicott, Bowlby, Jung, Erikson, Stern, Lowen and Rogers, as well as more recent theorists from Humanistic, Psychodynamic, Attachment and Body Process theory.

### Entry Requirements

Applicants need to have either completed the BCPC Foundation Certificate or a similar certificate course externally. For such external applicants, Accreditation of Prior Learning / Accreditation of Prior Experiential Learning (APL / APEL) procedures will apply. This means it is likely you will be required to join our two day summer Orientation Course to help your integration into the training before entering the course at Year 1. For further information, see the Orientation Course section (page 9).

### Course Structure

The course is taught one day a week over two academic years, with up to a further year of supervised practice while preparing the diploma submission papers.

We require students to be in individual counselling or psychotherapy at least weekly, with a practitioner on the BCPC Approved Lists, throughout all of the course and up to completion, the cost of which is not included in the tuition fees. Students are also required to keep a journal and complete several pieces of academic writing.

Skills training places emphasis on the development of an authentic relationship between counsellor and client. This is developed through group and individual feedback processes. Trainees will learn skills of self reflection and an awareness of personal, interpersonal and group process.

Individuals admitted onto this programme embark on a thorough and in depth training that involves:

- *BCPC approved agency placements*
- *Regular supervision*
- *Experientially taught seminars*
- *Practical application groups*
- *Skills practice*
- *Supervision groups*
- *Critiquing taped sessions*
- *Writing self-assessments*
- *Writing academic essays*



## Course Outline

### Year 1

Length of stage: one academic year  
(34 day-long meetings)

In the first year, students work with clients in agency placements where they receive regular supervision. Students are ordinarily expected to complete approximately 50 hours of supervised counselling within the placement. In addition to this, individuals meet for experientially taught theoretical seminars, business meetings and check-ins, skills practice, practical application groups, 'open' groups, and tutorials. Opportunities are given each week for students to process the emotional impact of the training.

Each student receives three tutorials (two of 25 minutes and one of 50 minutes), which take place outside of designated course time.

Students are expected to support their learning by reading all set books for the stage as well as a selection from a broader reading list. We recommend allowing 4 hours per week for such study.

### Year 2

Length of stage: one academic year  
(34 day-long meetings)

The training in the second year continues to integrate theory, practice and self-reflection. There is particular emphasis on finding ways of working at relational depth in short-term contracts, enabling students to find appropriate work in organisational settings. Students continue to gain counselling experience in the agency placement and in the second or third term of this year must attend fortnightly supervision (not included in course fees). Once sufficiently prepared via this process they may begin to take on private clients with the support of their tutors and supervisors.

The course meets for seminars, supervision groups, business meetings, and 'open' groups where the emotional impact of the training is given space for exploration and expression.

Each student receives three 50 minute tutorials during the year, which take place outside of designated course time. Reading for this stage is a combination of the set books for Year 2 and a student's own developing interests in line with their dissertation. We recommend allowing 6 hours per week for study.

### Year 3

Length of stage: up to one year  
(no formal tuition days or tuition fees)

During this stage students have up to one year to submit their papers for the diploma. Tutors continue to support the students while they continue in personal therapy, supervision and tutorials. Submission papers for the diploma consist of a dissertation, case study and self-assessment, evidence of 250 supervised counselling hours and 50 hours of work-based learning, verification of personal therapy plus tutor, peer and supervisor's reports.

## Applications & Fees

Please see the 'Course Information' sheet.



## COUNSELLING DIPLOMA ORIENTATION COURSE

### Introduction

*Please note - Individuals with no prior counselling training (or very little) should apply directly to our Foundation Certificate.*

Admission to the Counselling Diploma is dependent upon holding the BCPC Foundation Certificate or its equivalent. Due to the demanding, in-depth nature of our training process, applicants who hold certificate level qualifications of a lesser depth (such as those consisting of around 100 hours or from organisations such as CSCT, CPCAB, or AEB) can bridge the gap by successfully completing our Counselling Diploma Orientation Course.

Following a successful interview process, individuals will be offered a definite place on the Diploma Course, subject to completing Accreditation of Prior Learning / Accreditation of Prior Experiential Learning (APL / APEL) procedures. The Orientation Course is exactly as it is described – a preparation for training at BCPC. It does not contain any assessment function.

### Course Structure

This is a 2-day course totalling 12 hours. It takes place in the summer in time for the start of the Counselling Diploma in September.

The course is taught experientially, drawing on the moment-to-moment experience of students and tutors to encourage personal awareness and the development of interpersonal skills. This experience is underpinned with theoretical input, and in particular with Humanistic approaches such as Carl Rogers' core conditions for creating a helping relationship: empathy, unconditional positive regard and congruence. Seminars are supported by handouts and core book reading. Students will also practise counselling skills with each other in small groups, with structured feedback from peers and tutors.

Students also take part in an open group which is a core element of all courses at BCPC. The three main purposes of the open group are to ensure the emotional health of the group, to nurture and encourage the self development of course members, and to learn about relational dynamics and processes.

### Requirements During Course

- Engage in individual therapy or counselling - from date of acceptance onto the Diploma - weekly with a psychotherapist or counsellor on the BCPC approved lists (the cost of this is not included in course fees)
- Undertake reading and preparation outside course time
- Keep a learning journal
- Write an essay for Accreditation of Prior Learning (APL) purposes

### Applications & Fees

Please see the 'Course Information' sheet.



## DIPLOMA / MA IN HUMANISTIC & INTEGRATIVE PSYCHOTHERAPY

### Introduction

This BCPC professional training prepares individuals to work as psychotherapists in private practice. Upon qualification, individuals gain automatic entry to the United Kingdom Council for Psychotherapy (UKCP) register. In addition, BCPC collaborates with Middlesex University to offer a Master's degree in Integrative Psychotherapy. Students who enrol for the MA will have their Diploma submission assessed by Middlesex University, and incur a one-off registration payment plus MA course fees in addition to the standard Diploma costs.

### Our Training Approach

BCPC's training approach is based on an informed appreciation of the historical roots of theories within the field, across a spectrum from Humanistic to Psychoanalytic. Experiential learning aims to bring the various theoretical concepts to life. This enhances and develops self-awareness and reflectiveness, helping BCPC graduates formulate their own synthesis: an individual integration which creates a unique, coherent and considered approach to integrative psychotherapy.

We are also interested in developing contemporary approaches in our training. In 'contemporary psychoanalysis' we find Intersubjective Systems Theory (IST) allows us to expand our Humanistic ethos, which accepts the primacy of the client's experience, into a fully relational stance.

We embrace IST as an elegant and robust theory which firmly places the relationship at the centre of the therapeutic endeavour, as an organic, lived experience. In contemporary humanistic approaches, we find 'Dialogical Gestalt' highly compatible with IST and have integrated these two theories for the last fifteen years. The 'relational sensibility' that is core in BCPC's identity thus finds a unique integration and theoretical underpinning.

### Entry Requirements

Applicants need to have completed the BCPC Foundation Certificate or an equivalent certificate course externally. Applicants who already have a counselling diploma (from BCPC or an equivalent alternative qualification) can join the Diploma at Stage 1, Year 2.

External applicants wishing to enter at Stage 1, whether in Year 1 or Year 2 (for those with a counselling diploma equivalent to the BCPC qualification), are required to attend an Orientation Day which is held about 2 weeks before start of term, at no additional cost. See the 'Course Information' sheet for more information.

The entry level for the Diploma is at postgraduate level. Students without a prior undergraduate degree will be eligible with sufficient prior learning and / or life experience - Accreditation of Prior Learning / Accreditation of Prior Experiential Learning (APL / APEL) procedures will apply.

We require a certain amount of maturity and life experience for the psychotherapy training which we feel is unlikely to occur before the age of 25. This can be discussed at interview.



## Course Structure

The Diploma / MA is divided into three stages. It takes between 5 to 7 years to complete the taught training, followed by up to 2 years to submit qualifying papers.

We require students to be in individual therapy at least weekly with a psychotherapist on our approved list throughout the duration of the course, the cost of which is not included in tuition fees. Students are also required to keep a journal. This helps develop self-reflection and awareness of process, which is necessary for the cultivation of an authentic psychotherapeutic relationship with the client.

Individuals admitted onto this programme will embark on a thorough and in-depth training that involves:

- *Group building workshops*
- *Theoretical and practical seminars*
- *Work discussion groups*
- *Business meetings*
- *Peer and individual supervision*
- *Tutorials*
- *Video taped skills sessions for reflection and discussion*
- *Teaching of core models of supervision*
- *Facilitation and setting up of peer groups*
- *Agency placements*
- *Guidance for setting up in a private practice*
- *Specialized core study courses*
- *Facilitated learning community*
- *Tutoring and feedback in preparation for writing the final submission*

## Course Outline

### STAGE 1

Length of stage: 2 years

#### *The primacy of the client-therapist relationship*

In the first two years of training the course meets weekly, with 32 day long meetings within each academic year. Full attendance is recommended. Students are also expected to support their learning by reading all set books for the stage as well as a selection from a broader reading list. We recommend allowing 4 hours per week for study.

#### Year 1:

Students work with clients in agency placements where they receive regular supervision. In addition to the placement, individuals meet for theoretical and practical seminars, workshops, discussion groups, and tutorials.

Each student receives three tutorials during the year (two of 25 minutes and one of 50 minutes), which take place outside the designated course times.

#### Year 2:

Students start in private practice with the support of tutors and supervisors. The agency placement from the previous year is usually dropped during this year to allow room for the private practice to develop. In addition to this, the course meets for a business meeting, theoretical seminars, facilitated peer supervision groups, and a final one day workshop.

Each student receives four tutorials of 50 minutes, which take place outside the designated course time. Individuals are also required to arrange, and meet the cost of, fortnightly supervision sessions outside of course times, with one of the supervisors from our pre-approved list.

Students have the option of registering for the MA programme at the beginning of the Spring term of this year.



## STAGE 2

Length of stage: 2-4 years

### ***Development of an authentic therapeutic approach***

The course meets three Saturdays per year for group days. In addition to this, students are required to undertake two Core Study Courses - Relational Process and one other option.

Students in this stage continue to develop their private practice and also undertake a mental health placement. They will also continue in individual and peer supervision. A training contract is established and renewed each year in consultation with the tutor. Overall this stage furthers the process of internalising the learning from previous stages while moving into the role of psychotherapist.

Each student receives two tutorials of 50 minutes per year.

## STAGE 3

Length of stage: 1 year

### ***Integration in therapeutic practice and assimilating theory, practice and personal experience***

This stage meets for 18 day-long meetings. It allows for the students, now confident and competent in their practice of psychotherapy, to articulate their own style and theoretical perspective as they continue to prepare for independent practice and the final submission of written work. The student group forms a learning community to develop their thinking and plan their writing.

Students are introduced to experiential research methods to identify and define individual research interests / concerns, and are encouraged to find creative means of exploring their dissertation subject area.

Each student receives three tutorials of 50 minutes which take place outside the designated course time.

## STAGE 3 - Submission Phase

Length of stage: up to 2 years

We allow students up to 2 years to submit their final qualifying papers for the Diploma / MA after the Stage 3 taught year. There are no course fees during this submission phase.

Personal therapy plus individual and peer supervision continue as before.

Tutorials are arranged on the basis of individual need and paid for separately. It is recommended that students have a minimum of three tutorials per year.

## Core Study Courses

Core Study Courses are open to BCPC students in advanced stages of training. Sample courses include 'Relational Process', 'Reflection and Presence: a Contemplative Approach to Psychotherapy', 'Intersubjective Dialogue in Working with Difference', and 'Working with Body Process'. On average they run every 2 years. Relational Process runs yearly and is a mandatory Core Study Course for Psychotherapy Diploma students in Stage 2 of the training. These courses are also of interest to graduates for CPD purposes, refreshment, or further study.

## Applications & Fees

Please see the 'Course Information' sheet.

## STAFF & CONSULTANTS

### Training Managers

#### Jane Purkiss - Head of Training

*BA (Hons), PGCE, Dip HIP, MA HIP, UKCP Reg.*

Jane is a psychotherapist, supervisor and trainer. She has a private practice in Bristol where she combines Humanistic, Intersubjective, Analytic and Transpersonal approaches in her work. She has a particular interest in the themes of loss and separation. Her background is in education, and she is a fluent French speaker.

#### Jackie Head - Course Director, Counselling

*BEd (Hons), Dip Counselling, BACP Accredited Senior Registered Counsellor & UKRC Reg.*

Jackie has worked as a counsellor in Primary Care, in Secondary and Further Education and in private practice as a counsellor, supervisor & trainer. She is currently working as a Research Assistant at Bath University as part of the Promise Project which is studying the impact of taught intervention in preventing teenage depression.

#### David Slattery - MA Course Leader

*Dip HIP, MA HIP, UKCP Reg.*

David is a psychotherapist, supervisor, couples therapist and trainer practising in Nailsworth and Bath. He has undertaken further training in Body Process, Dialogical Therapy, Couples Therapy and Supervision. He also runs the Centre for Relational Couples therapy.

#### Tree Staunton - Course Director, Psychotherapy

*BA, MA HIP, UKCP Reg.*

Tree is a UKCP registered Body Psychotherapist, trainer and supervisor. She holds a BA degree in Conflict Resolution and Group Studies, and previously worked in the Health Service as an Occupational Therapist. She has a special interest in the integration of politics and psychotherapy, and is editor of the journal for Psychotherapists and Counsellors for Social Responsibility (PCSR). Her private practice is in Stroud, Gloucestershire.

### Teaching Staff

#### Derek Catton

*BA (Hons), PGCE, Dip HIP, UKCP Reg.*

Derek is a psychotherapist, supervisor and trainer. He previously worked as a teacher with emotionally disturbed children and adolescents, and has had an involvement in therapeutic trainings and their delivery and assessment for over ten years. His private practice is in Bath.

#### Jenny Corry

*Dip OT, Dip Counselling BCPC, BACP Reg.*

Jenny is a counsellor, couples' counsellor and supervisor. She has previously worked in the NHS as an occupational therapist in acute psychiatry. She has many years experience of working as a counsellor in primary care and also maintains a private practice in Bath.

#### Diana Dixey

*HV, Dip HIC BCPC, BACP Accredited Senior Registered Counsellor & UKRC Reg.*

Diana comes from a Health Visiting background with 20 years of experience of working with families. She has worked as a counsellor in a GP surgery and now works from her home in Wiltshire as a counsellor and supervisor and at Dorothy House Hospice as a supervisor.



#### Jim Frost

*BA (Hons), Dip HIC, Dip Stress Mgmt, MBACP (Accred.)*

Jim is a counsellor, supervisor and trainer, working both in private practice and in organisational settings. He has previously worked in a variety of occupations including as a bus driver, cowman and taxman. He has undertaken further training in Gestalt, CBT, supervision and working with couples. He is an enthusiastic believer in the power of time limited counselling as well as the distinct values of longer term work.

#### Rae Howling

*C of Ed, CQSW, Dip HIP, MA HIP, UKCP Reg.*

Rae is a psychotherapist, supervisor and trainer with a private practice in Bristol. Previously she worked as a social worker and family therapist. She is particularly interested in the integration of Intersubjective and Dialogical approaches to Psychotherapy in her work.

#### Gerrie Hughes

*MA (Creative Writing), Dip. GPTI, UKCP Reg.*

Gerrie is a Gestalt psychotherapist, supervisor, trainer and organisational facilitator, working in private practice from Penarth, near Cardiff. Her interest is in creative expression, particularly through writing and storytelling.

#### Ounkar Kaur

*MSc, Dip. Counselling and MBACP*

Ounkar was instrumental in setting up and developing the Asian Women's Counselling Service in Bristol. She is a BME Consultant/Advisor and Research Associate with SACHS (University of Bristol). She is interested and committed in making mainstream Mental Health Services more responsive and sensitive to the needs of people from BME communities. She has a small private practice in Bristol and is an accredited Race Equality trainer.

#### Ailin Kelleher

*BSc, H Dip Ed, Dip HIP, MA HIP, UKCP Reg.*

Ailin is a psychotherapist, supervisor and trainer. She has a private practice in Bath and integrates Intersubjective and Dialogical approaches in her work. She is particularly interested in trauma and the relational origins of dissociative states. Her background is in education.

#### Peter Lewis

*MA, DipPsychotherapy, DipSupervision, MBACP (Accred.), UKCP Reg.*

Peter is an integrative counsellor, psychotherapist, supervisor and trainer. He taught previously on accredited counselling courses in London and Northern Ireland. Peter has several years' experience of work in an NHS Psychological Therapies Service, where he developed his own integration of brief psychodynamic therapy and humanistic counselling practice.

**Andy McKeown**

*BSc (Hons), MSc IP, Dip IP, UKCP Reg.*

Andy McKeown is a psychotherapist, supervisor and trainer. He works in private practice in North Somerset and has also been involved in education and training of young people and adults for more than 30 years. He is mainly interested in Dialogical and Transpersonal approaches in psychotherapy.

**Rob Mayne**

*CQSW, Dip HIP, UKCP reg and Diploma in Supervision (BCPC)*

Rob is a psychotherapist, supervisor and trainer with a private practice in Redland Bristol. His past employment as a social worker included work with children, families and groups. He also worked for many years at a GP practice in Bath. He is interested in working intersubjectively and was recently awarded a post-qualifying MA in Humanistic and Integrative Psychotherapy.

**Rebecca Miles**

*MSc, Dip PCC, BACP (Accred.)*

Rebecca is a therapist, supervisor and trainer practicing in Peasedown St John and Bath. She has a particular interest in an integration of Person-Centred and Jungian approaches. She has recently extended her practice to work with play therapy methods with children.

**Penny Thomas**

*CQSW, Dip HIP, UKCP Reg.*

Penny is a psychotherapist, supervisor, couples counsellor and trainer in private practice near Nailsworth. She previously worked in therapeutic communities and as a family therapist in Child and Family Guidance Clinics. Penny is a student at the Ridhwan School.

**Rosemary Williams**

*BSc, Dip HIC, Dip Supervision, MBACP (Accred.)*

Rosemary is a counsellor, trainer and supervisor. She has worked for a number of years in her local voluntary and community sector and recently within an employee assistance time-limited counselling service. She has a private practice in the Swindon area.

## Moderators and Consultants

External Moderator - Counselling:

**Rebecca Midwinter**

*MSc, PG Diploma in Counselling; Advanced Award - Mediation in the Workplace; IHHHT Diploma in Aromatherapy.*

External Moderator - Psychotherapy:

**Katherine Murphy**

*BA, MSc (psych), Dip. Applied Soc Sci/CQSW, PGCE, UKCP Reg.*

Integrative Psychotherapist, Training Supervising TA psychotherapist. She has been in clinical practice for 20 years. She has been involved in the training of counsellors and psychotherapists since 1986, and was Director of the Metanoia Counselling course in the late 1980s. She is Chair of the Training Standards Committee of the HIP section of UKCP.

Psychiatric Consultant:

**Dr Mary Doyle**

*MRC Psych, Severnside Institute, UKCP Reg.*

Mary has worked extensively in psychiatry in the NHS and has a psychotherapy practice in Bristol.

## International Honorary Fellows

**Bob Stolorow**

Robert D. Stolorow is one of the original members of the International Council for Psychoanalytic Self Psychology, the group which evolved over 25 years from one begun by Heinz Kohut in 1980 and named by him the "Self Psychology Publications Committee". The 1995 recipient of the Distinguished Scientific Award (given by the Division of Psychoanalysis [Division 39] of the American Psychological Association), Dr. Stolorow has been a sought-after presenter, teacher, and supervisor on the national and international scene since the inception of his career. He is a founding faculty member and a training and supervising analyst at the Institute of Contemporary Psychoanalysis in Los Angeles and a founding faculty member and supervising analyst at the Institute for the Psychoanalytic Study of Subjectivity in New York City.

**Donna Orange**

Donna M. Orange, Ph.D., Psy.D., holds two doctorates: one in Philosophy from Fordham University and the other in Clinical Psychology from Yeshiva University. A faculty member of the Institute for the Psychoanalytic Study of Subjectivity and a supervisor at the Graduate School of Applied and Professional Psychology at Rutgers University, she maintains a private practice in New Jersey.

**Rich Hycner**

Rich is the author of *Between Person and Person: Toward a Dialogical Psychotherapy* (1993, Gestalt Journal Press) and the co-author with Lynne Jacobs of *The Healing Relationship in Gestalt Therapy* (1995, Gestalt Journal Press). He and Lynne are currently editing a new book *Relational Approaches in Gestalt Therapy* due to be published in February 2010. Rich has been a psychotherapist for thirty five years and is a licensed Clinical Psychologist in California. He and Lynne are described by Erving and Miriam Polster as belonging to the third generation of Gestalt therapists - bringing richness, clarification and thoughtful perspective to the continuing renewal of Gestalt therapy.

## Other Staff

**Alex Nicholson** - Business Manager

**Simon Smart** - General Manager

**Andrea Bowden** - Accounts Administrator

**Ellie Dale** - Referral Service Manager

**Mary Valiakas** - Website Author



**BCPC**

1 Walcot Terrace  
London Road  
Bath  
BA1 6AB  
UK

t 01225 429 720  
e [mail@bcpc.org.uk](mailto:mail@bcpc.org.uk)  
[www.bcpc.org.uk](http://www.bcpc.org.uk)

**Referral Service**

t 0845 223 5267  
e [referralservice@bcpc.org.uk](mailto:referralservice@bcpc.org.uk)

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