

Understanding and working with dreams

This study day will cover the history, controversies and (neuro-)science of dreams and dreaming, as well as offering a simple and hopefully illuminating method of understanding and working with dreams. The day will explore the contributions of Freud, Jung and later theorists; it will look at the formation and structure of dream symbols; mostly, however, it will concentrate, in detail, on working with dreams in the therapy and counselling setting. In the workshop section there will be an opportunity to look at dreams the workshop participants might bring. In other words, a thorough and practical exploration of the whole field of dreams and dreaming.

Marcus West is a Jungian Psychoanalyst, a Professional Member of the Society of Analytical Psychology, and has published papers and given talks on a number of subjects over the years, including dreams, envy, attachment, trauma and narcissism. He is author of *Feeling, Being and the Sense of Self*, a book about narcissism and the formation of identity, and has recently published *Understanding Dreams in Clinical Practice* (Karnac 2011), a book which explores the A to Z of understanding and working with dreams in the clinical setting.

Dates and Fees

This course is open to BCPC members as well as non-members however we regret that we do not accept people onto this course if the tutor is your therapist.

Date: Saturday 31st March 2012
Time: 10am - 4pm
Venue: BCPC 1 Walcot Terrace, London Road, Bath BA1 6AB
Fee: £55 (BCPC Members £50)
CPD: 5 hours
Booking: Please wear comfortable clothing and bring lunch to share

Cheques payable to BCPC by 10th March 2012

General Information

Whilst every effort is made to ensure that the course information sheet is correct, BCPC cannot be held responsible for any errors or alterations that become apparent after publication.

BCPC reserves the right to cancel courses if numbers are too low to make the course viable, either from a learning or financial perspective. Acceptance of a place on a course is a contractual commitment to pay the full fee and refunds are not given after the payment deadline.

Please contact the BCPC office at 1 Walcot Terrace, London Rd, Bath BA1 6AB or call 01225 429720 or email admin@bcpc.org.uk for an application form