

Listening Skills

For living and working in a diverse society

This popular introductory course is running in the spring/summer of 2011. It will be led by BCPC Foundation tutor Ounkar Kaur, assisted by Rosemary Williams if the group has more than eight members (for information about tutors see below)

Wednesday evenings in Bath (10 sessions)

Times: 6.30pm – 9.30pm

Dates: 11 May 2011 – 13 July 2011 inclusive

Venue: BCPC, 1 Walcot Terrace, London Road, Bath BA1 6AB

Fees

The Listening Skills course costs £220.00. Please make your cheque payable to BCPC and send it in together with your application. Places will be allocated on a first come, first served basis.

Your acceptance of a place on this course is a contractual commitment to pay the full fee and refunds are not permitted if for any reason you do not complete the course.

Course information

This course is designed to meet two needs:

- 1) To help people to increase their skills in listening and responding well, and to embrace cultural difference.
- 2) To provide an introduction to BCPC's experiential teaching style and core values for people considering applying for our Foundation Certificate. This course might also help those considering a career change to a people-related job.

This course explores cross-cultural differences and needs, and those who work or would like to work in a multi-cultural setting may find it of particular interest. BCPC is keen to encourage those from minority ethnic groups to attend this course. There are very few trained counsellors to meet the needs of these communities. A Scholarship Fund is available to help with course fees for individuals from minority ethnic groups who would otherwise have difficulty in meeting course fees.

Course content

- Exploring assumptions and prejudices in relation to diversity
- Working towards an understanding of difference
- Researching 'difference and diversity'
- Developing appropriate listening skills with diverse groups
- Using the 'core conditions' set out by Carl Rogers in listening work
- Using the 'core conditions' to develop cultural sensitivity
- Developing cultural awareness of self and other

Each session will include a seminar, skills practice and an open discussion group.

Ounkar Kaur MSc, Dip. Counselling, MBACP. Ounkar was instrumental in setting up and developing the Asian Women's Counselling Service in Bristol. She has an interest and commitment to making mainstream Mental Health Services more responsive and sensitive to the needs of people from BME communities. She has a small private practice in Bristol and is an accredited Race Equality Trainer.

Rosemary Williams BSc, Dip HIC, Dip Supervision, MBACP (Accred) is a counsellor, trainer and supervisor. She has worked for a number of years in her local voluntary and community sector and recently within an employee assistance time-limited counselling service. She has a private practice in the Swindon area.

BCPC, 1 Walcot Terrace, London Rd, Bath BA1 6AB

Office: 01225 429720

Email: mail@bcpc.org.uk www.bcpc.org.uk

To apply, please complete the form below and return it to the above address with a covering letter saying why you want to do this course and a cheque for £220.00 payable to BCPC.



Application Form

Listening Skills Course

Name:

Address:

Post code:

Email:

Phone (day):

Phone (evening):

Where did you hear about this course?